

WHO'S IN THE ROOM WITH YOU?

The Tenth Annual Conference

for

Counsellors working in schools
or interested in working in schools

on

Thursday 21st September 2017

at

Didcot Civic Hall, Didcot, OX11 7JN

To what extent do young people always bring their school into the counselling room with them? How do counsellors work simultaneously with the young person and the school, the one affecting the other? Who's really the client?

**SEE OVERLEAF FOR
FULL PROGRAMME
DETAILS**

HOW TO BOOK

Book online:
www.otsa.org.uk

Enquiries:
Sarah Knight
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PROGRAMME

Wednesday 20th September 2017

7.00 – 8.15pm: **Pre-conference welcome and talk:** *an opportunity for anyone attending the main conference to meet over a glass of wine. This event will include a talk by Nick Luxmoore (see below), 'The myth of the non-judgmental counsellor'.*

Thursday 21st September 2017 – Conference

8.45: Arrival, registration and coffee

9.30: Welcome

9.40: **Opening address: Who's in the room with you?** *Debbie Lee is a UKCP psychotherapist and has been a counsellor in schools for 24 years. She currently works as the counsellor at King Alfred's Academy, Wantage.*

10.40: Coffee

11.00: **Workshops:**

1. Counselling transgender young people

Having worked in schools, Silvia Elsner works in a university counselling setting and teaches psychodynamic theory.

2. What's this really about? Defining the therapeutic task in counselling with young people

Nick Luxmoore is a school counsellor, trainer, supervisor and author. See www.nickluxmoore.com

3. Running groups for anxious young people

Susie Ward is a BACP accredited counsellor working in London as a school counsellor and in private practice.

4. Starting up a school counselling service

Katia Houghton works as the counsellor in two schools and in private practice.

5. Shaking the tree: family relationships in counselling with young people

Laura McDonald is a psychotherapist and trainer working with students and staff in a range of educational settings.

12.30: Lunch (buffet lunch will be provided)

1.30: **Workshops:**

1. A whole-school counselling approach... But how exactly?

Formerly a student counsellor, Jim Pye is a UKCP integrative psychotherapist.

2. Working with autism

Having worked in schools, Kath Roberts now teaches on the Postgraduate Diploma in Psychodynamic Counselling at Oxford University.

3. For better or worse: young people separating from parents who are separating

Matt Barnard is a UKCP psychotherapist working as the counsellor in two secondary schools.

4. School counsellors working effectively with CAMHS: what helps and what hinders?

Shona Reed-Purvis is a family therapist working for CAMHS and with schools.

5. The hollow crown: exploring authority in relationships between students, staff, head teachers and counsellors

Lucy-Jean Lloyd is a school counsellor, supervisor and counsellor in private practice.

3.00: Coffee

3.15: **Plenary:** *Debbie Lee (see above)*

4.00: Conference close (CPD certificates available)

How to apply:

The cost of the conference is £95 + VAT (£114) per person (includes all refreshments and lunch). Advance applications are essential as the conference may be over-subscribed. **The closing date for applications is Friday 15th September 2017.**

To book:

All bookings must be made online: www.otsa.org.uk

Please complete all the information on the booking form. Any **dietary and/or access requirements** should be noted in the 'Special Requirements' box.

Please record **your workshop choices** (one for the morning and one for the afternoon) in the appropriate boxes. Please also indicate if you would like to attend the Pre-Conference Welcome on the 20th September. Your place will be confirmed via email upon receipt of your booking form.

Payment Methods:

By cheque

Please make cheques payable to: **Vale Academy Trust** and return to OTSA, Portway, Wantage, OX12 9BY.

Bank Transfer

Please use the following details: **Lloyds Bank**, sort code 30-67-53, account number 21283068, account name Vale Academy Trust. Please also **add a reference – your surname and the invoice number** which is stated at the top of your invoice.