NHS
Oxford Health
NHS Foundation Trust

CAMHS
Child and Adolescent
Mental Health Service

OXFORDSHIRE WE ARE WITH YOU FORUM

JOIN OUR COMMUNITY SUPPORT

'We are With You' is a welcoming, parent-led group for anyone caring for children and young perople (up to the age of 18) facing mental health challenges.

Find a safe space to connect, ask questions, and share experiences at your comfort level. Learn from insightful discussion on topics that matter to you.

Connect with others through our popular in-person wellbeing walks. We also offer online, topic-based webinars via Microsoft Teams, with follow-up Q&A sessions to provide additional support and discussion.

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Join us for a relaxed and welcoming space, provided by:

- Parent Peer Support Workers
- Social Prescribers
- CAMHS Mental Health Professionals
- Guest speakers

To register follow the link or QR code:

https://oxfordhealth.nhs.uk/camhs/involvement/oxon/wwy/

CONNECT. SHARE. LEARN.