

WHAT REALLY WORKS? AND WHAT DOESN'T?

The Twelfth Annual Conference

for

Counsellors working in schools
or interested in working in schools

on

Thursday 19th September 2019

at

Didcot Civic Hall, Didcot, OX11 7JN

Everyone in school wants a quick fix but what if there isn't one? What if therapeutic change is slow and schools get frustrated, expecting counsellors to have magic wands? How do counsellors work most effectively with young people and with schools?

**FULL PROGRAMME
DETAILS OVERLEAF**

HOW TO BOOK

Book online:
[https://www.otsa.org.uk/
counsellors-conference/](https://www.otsa.org.uk/counsellors-conference/)

Enquiries:
Sarah Knight
01235 225700
Extn 2274

conference@
kaacademy.org

PROGRAMME

Wednesday 18th September 2019

7.00 – 8.15pm: **Pre-conference welcome and talk:** an opportunity for anyone attending the main conference to meet over a glass of wine. This event will include a talk by Nick Luxmoore entitled *“The counsellor and the head teacher: a marriage made in heaven or in hell?”*

Thursday 19th September 2019 – Conference

8.45: Arrival, registration and coffee

9.30: Welcome

9.40: **Opening address: What really works? And what doesn't? Effective therapy with young people from the past to the present**
Dr Silvia Elsner, UKCP psychotherapist, has worked for over 20 years in a variety of therapeutic settings, including schools, universities and the NHS. She has taught on the Oxford University psychodynamic training programme for the last five years and has experience of supervising counsellors, including in schools. She is especially interested in the factors that make therapeutic relationships succeed.

10.40: Coffee

11.00: **Morning Workshops:**

1. **Developing a whole-school counselling service** (Jim Pye)
2. **Gender identity services for young people: assessment, treatment, and the role of schools and school counsellors** (Gabrielle Lees)
3. **Black holes: a developmental approach to young people's experiences of depression** (Lucy-Jean Lloyd)
4. **Using a counsellor's experience to make difficult meetings with parents, staff and agencies more effective** (Kathy Peto and Shona Reed-Purvis)
5. **Talking with the head teacher and senior leadership team about the school: why and how do we share our thinking?** (Debbie Lee)

12.30: Lunch (buffet lunch will be provided)

1.30: **Afternoon Workshops:**

1. **Saying one thing and meaning your mother: the complexity of maternal relationships in work with young people** (Katia Houghton)
2. **Necessary failure: counselling young people through disappointment and disillusion** (Laura McDonald)
3. **Working with risky, suicidal young people** (Shona Reed-Purvis and Debbie Lee)
4. **Between the words: developing emotional fluency with primary-aged children** (Caroline Kerr)
5. **Working with young people's anxiety and with the anxiety of schools** (Nick Luxmoore)

3.00: Coffee

3.15: **Plenary:**

4.00: Conference close (CPD certificates available)

Cost:

£95 + VAT (£114) per person (includes all refreshments and lunch).

The closing date for applications is Friday 13th September 2019.

All bookings must be made online:

<https://www.otsa.org.uk/counsellors-conference/>

Please complete all the information on the booking form, including whom to invoice.

Any **dietary and/or access requirements** should be noted in the 'Special Requirements' box.

Please record **your workshop choices** (one for the morning and one for the afternoon) in the appropriate boxes. Please also indicate if you would like to attend the Pre-Conference Welcome on Wednesday 18th September. Your place for this will be confirmed in a separate email closer to the event time.

Payment Methods:

We can no longer accept cheques.

Bank Transfer

Please use the following details: **Lloyds Bank, sort code 30-67-53, account number 21283068, account name Vale Academy Trust.**

Please also **add a reference – your surname and the invoice number** which is stated at the top of your invoice.